

## Integrated Behavioral Health in Pee Dee

Improve patient access to behavioral health care by establishing the Integrated Behavioral Health (IBH) Program within the FMC. The program is based on the Collaborative Care Model developed by the University of Washington; this model is an evidence-based approach for integrating physical and behavioral health services that can be implemented within primary care-based settings. The team-based approach is a central tenet of the Integrated Behavioral Health model. The FMC uses a team-based approach, which consists of the patient, a primary care physician (PCP), the behavioral health care manager (BHCM), and a psychiatric health consultant.

### Project Aims

- Project partners, RMHRC and SC DMH, will have outlined the parameters of the family engagement strategies within school mental health services based on previous pilots conducted by SC DMH.
- Eight rural SC elementary schools will be identified and engaged in implementing family engagement strategies within their school mental health services.
- Eight rural SC elementary schools will be actively implementing family engagement strategies through their school mental health services, targeting ~240 families total.
- A formal evaluation plan will be created and developed collaboratively by the Project Team.

### Successes

- January 2020- September 2020, the McLeod B have had 277 encounters
- 25 family medicine residents receiving experiential training on integrated care for patients with behavioral health issues

### Future Directions

- Expand Integrated Behavioral Health in Family Medicine residences in Clarendon and Cheraw
- Reimbursement

### McLeod Family Medicine Center

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